



How to wash your hands

PROTECT YOURSELF AND OTHERS AGAINST INFECTIONS



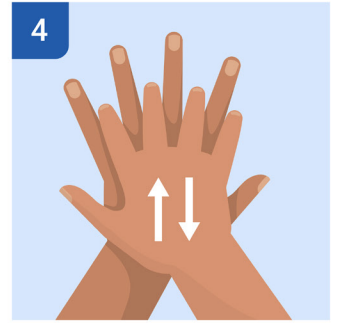
WET HANDS



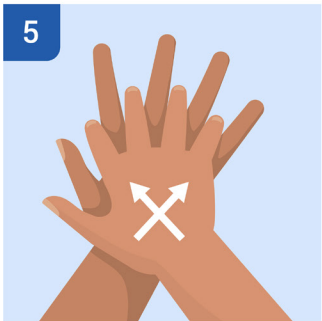
APPLY SOAP



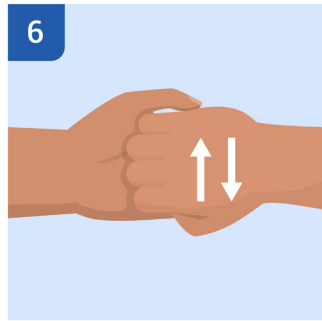
**RUB HANDS
PALM TO PALM**



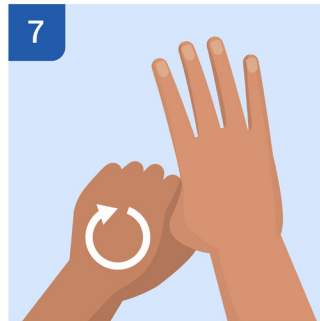
**LATHER THE BACKS
OF YOUR HANDS**



**SCRUB BETWEEN
YOUR FINGERS**



**RUB THE BACKS OF
FINGERS ON THE
OPPOSING PALMS**



CLEAN THUMBS



**WASH FINGERNAILS
AND FINGERTIPS**



RINSE HANDS



**DRY WITH A SINGLE
USE TOWEL**



**USE THE TOWEL TO
TURN OFF THE FAUCET**



**YOUR HANDS
ARE CLEAN**



MERITECH Transforming hygiene for a healthier, safer world.

www.meritech.com | (800) 932-7707